2023

July

**NCS Centre Activities**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | 2910:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* Lunch
 | 3010:00am – 2:00pm**Seniors Social Group**Morning TeaGames/ActivitiesLunchRummy-O Group |
|  |  |  |  |  |
| 3 | 4 | 5 | 610:00am – 2:00pm**Seniors Social Group**-Morning Tea-Games/Activities-Lunch- Music afternoon | 710:00am – 2:00pm**Seniors Social Group**Morning TeaGames/ActivitiesLunchRummy-O Group |
|  | 10:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* Lunch
* Games/Activities
 | 10:30am – 1:30pm**Acrylic Art Group**10:30am – 1:30pm**Creative Art Therapy** |  |  |
| 10 | 11 | 12 | 1310:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Lunch
* Games/Activities
 | 1410:00am – 2:00pm**Seniors Social Group**Morning TeaGames/ActivitiesLunchRummy-O Group |
|  | 10:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* Lunch
* Games/Activities
 | 10:30am – 1:30pm**Acrylic Art Group**10:30am – 1:30pm**Creative Art Therapy** |  |  |
| 17 | 18 | 19 10:30am – 1:30pm**Acrylic Art Group**10:30am – 1:30pm**Creative Art Therapy** **ITALIAN Christmas in July!** | 2010:00am – 2:00pm**Seniors Social Group*** Music morning and morning tea
* Games/Activities
* Lunch
 | 2110:00am – 2:00pm**Seniors Social Group**Morning TeaGames/ActivitiesLunchRummy-O Group |
|  | 10:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* Lunch
* **ITALIAN Christmas in July!**
 |  |  |  |
| 24 | 25 | 26 | 27 | 2810:00am – 2:00pm**Seniors Social Group**Morning TeaGames/ActivitiesLunchRummy-O Group |
|  | 10:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* Lunch
* Games/Activities
 | 10:30am – 1:30pm**Acrylic Art Group**10:30am – 1:30pm**Creative Art Therapy** | 10:00am – 2:00pm**Seniors Social Group*** Morning Tea
* Games/Activities
* End of month BIG BBQ!
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