2023

July

**NCS Centre Activities**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
|  |  |  | 29  10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * Lunch | 30  10:00am – 2:00pm  **Seniors Social Group**  Morning Tea  Games/Activities  Lunch  Rummy-O Group |
|  |  |  |  |  |
| 3 | 4 | 5 | 6  10:00am – 2:00pm  **Seniors Social Group** -Morning Tea -Games/Activities  -Lunch - Music afternoon | 7  10:00am – 2:00pm  **Seniors Social Group**  Morning Tea  Games/Activities  Lunch  Rummy-O Group |
|  | 10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * Lunch * Games/Activities | 10:30am – 1:30pm  **Acrylic Art Group**  10:30am – 1:30pm  **Creative Art Therapy** |  |  |
| 10 | 11 | 12 | 13  10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Lunch * Games/Activities | 14  10:00am – 2:00pm  **Seniors Social  Group**  Morning Tea  Games/Activities  Lunch  Rummy-O Group |
|  | 10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * Lunch * Games/Activities | 10:30am – 1:30pm  **Acrylic Art Group**  10:30am – 1:30pm  **Creative Art Therapy** |  |  |
| 17 | 18 | 19  10:30am – 1:30pm  **Acrylic Art Group**  10:30am – 1:30pm  **Creative Art Therapy**  **ITALIAN  Christmas in July!** | 20  10:00am – 2:00pm  **Seniors Social Group**   * Music morning and morning tea * Games/Activities * Lunch | 21  10:00am – 2:00pm  **Seniors Social Group**  Morning Tea  Games/Activities  Lunch  Rummy-O Group |
|  | 10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * Lunch * **ITALIAN Christmas in July!** |  |  |  |
| 24 | 25 | 26 | 27 | 28  10:00am – 2:00pm  **Seniors Social  Group**  Morning Tea  Games/Activities  Lunch  Rummy-O Group |
|  | 10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * Lunch * Games/Activities | 10:30am – 1:30pm  **Acrylic Art Group**  10:30am – 1:30pm  **Creative Art Therapy** | 10:00am – 2:00pm  **Seniors Social Group**   * Morning Tea * Games/Activities * End of month BIG BBQ! |  |

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